

Food, Drink & Art

The Leader • Saturday, November 4, 2017 • Page 7A

ENTERTAINMENT CALENDAR

Happy 3 Year anniversary Farmboy Brew Shop
6 - 10 p.m.
Saturday, Nov. 4
Farmboy Brew Shop - 3814 N. Shepherd Dr.

Farmboy is becoming a Threenager!!! And they are going to throw a big bash to celebrate. On November 4, join in for lots of Fall fun including:
- Inflatable Soccer Darts
- The world famous Brash Hot Dog Cart
- Birthday cake
- Commemorative tasting glass
- Brewers of the Hood ESB Contest announcements
- And other great giveaways!
So grab the whole family and head out; trust us, you don't want to miss out.
And per tradition, Lederhosen or Farmboy costumes are always welcome.
Cheers!



Barrio Dogs Kitten Adoption and Community Outreach Event
12 - 4 p.m.
Saturday, Nov. 4
Jubilee - 325 W 19th St.

Stop by Jubilee in the Heights to meet a few of Barrio Dogs Inc.'s kittens looking for a forever home. All kittens are fully vetted and microchipped.

Wicklow Heights Grand Opening
3 p.m.
Saturday, Nov. 4
1027 W. 19th St.

Come meet the newest bar in town on 19th Street and join in for their grand opening with live music, food trucks, games, great cocktails and an extensive beer list!

SweetCup Gelato & Sorbet Originale Grand Opening on Ella Blvd.
3 - 6 p.m.
Saturday, Nov. 4
3444 Ella Blvd.

Join in on November 4 for the Grand Opening of SweetCup's 2nd location at Garden Oaks. We will be having light bites from Union Kitchen, drinks from our friends at Buffalo Bayou Brewing Co., and dessert bites from Wholefoods Market.

The first 25 people will get FREE swag and the first 50 people will get a SCOOP ON THE HOUSE.
There will also be \$1 scoops that will benefit Second Servings Houston Charity. (Limited time)
You don't wanna miss this amazing party!

Family Fun Day
10 a.m. - 12 p.m.
Saturday, Nov. 4
Wabash Feed - 4537 N. Shepherd Dr.

Join Wabash Feed and Garden for a Family Fun Day. Complimentary Activities for Parents & Children:
-10 - 10:30 a.m. - Make A Chia Pet
-10:30 to 11:15 - Make A Pine Cone Bird Feeder
-11:15 to 11:30 - Storytime
-11:30 to Noon - Make What Are You Thankful For Turkeys

Foamhenge featuring Blue Oyster Cult and more!
1:30 - 8:30 p.m.
Sunday, Nov. 5
2032 Karbach St.

Join Karbach Brewing on November 5 as they raise a glass and crank it up to eleven for the first ever FOAMHENG. This year's lineup features the mighty Blue Oyster Cult, Texas metal legends The Sword, UK Rocker Barns Courtney and Back in Black, the Dallas-based AC/DC Tribute Band. In addition to great food and beer choices on the grounds of our Karbach Biergarten, the event will also be tapping into some special casks and barrel-aged offerings to help celebrate a great day of music. Gates open at 1:30 p.m. / Music starts at 2:30 p.m.

Art Valet: Artist turns five at the art market

First Saturday Arts Market is this Saturday, 11 a.m. - 6 p.m. We'll have amazing artists, local food, drink and music and we'll also have the youngest artist ever to show at the market: a five-year-old.

Lisa Hilton, an artist that hales from far north Houston, will be in attendance Saturday. Hilton turns 45 Saturday, but in her world, she's seeing Saturday as her just her fifth birthday. She explained to me why.

"On November 3, 2012 I suffered a stroke while on stage competing in Texas State Natural Bodybuilding & Fitness Championships in Austin, TX," Hilton said. "I was given the clot-busting drug TPA and was in ICU for six days. One year later I had my second stroke. I suffered some paralysis to my left side, severe photophobia, depression, memory loss, aphasia, severe fatigue syndrome, anxiety and PTSD."

Hilton still suffers from some of these "invisible" limitations but she is the first to declare they will not hold her back.

After trying music therapy, and not finding success, Hilton looked to art.

"It took a while to figure out



MITCH COHEN
Art Columnist

just what type of painting or media I fell into or enjoyed," Hilton recalls. "I finally figured it out when I broke up with a local musician I had been dating and put his CD in the microwave!"

She encourages you not to try that at home. Fortunately, she did not blow up her parents' home, and instead poured her heartache and pain and happy memories into her newfound art form, recycled art.

"I chose recycled art

to show my kids that even though something is damaged and not what it once was (like me post stroke) doesn't mean that someone won't still find beauty in it and that you can still make something amazing out of it."

There were few mishaps with resin, a blow torch and fire, but Hilton has found her niche and has successfully transitioned into creating art full-time.

"I truly feel that my soul is awake now and I am happier than I have been even when I am sad," Hilton said. "I have a great support system of family, amazing fellow artists and good friends. So when I say I am really only five years old I mean I feel like I was given a chance to start over and I really feel the need to share how much ART really saved my life."

Find Hilton and the rest of the artists and activities on the website 1stSatArtMarket.com. The market is located at 530 W. 19th Street.

Cohen is an artist and founder of First Saturday Arts Market and the new Market at Sawyer Yards, find him at ArtValet.com



First Saturday Art Market artist Lisa Hilton in her booth at a recent FSAM (contributed photo).

Fifth annual Taste of Oak Forest slated for November 11



The Taste of Oak Forest is getting ready to kick off from 7 - 10 p.m. on November 11 at Hope Episcopal Church.

For The Leader

On Saturday, November 11, the Oak Forest Homeowners Association will hold the fifth annual Taste of Oak Forest on the grounds of Hope Episcopal Church located at 1613 W 43rd Street in the heart of Oak Forest. The event will run from 7 - 10 p.m. and for the price of admission, residents and their guests can sample a generous helping of some of the best food, wine and beer on the planet.

Previously known as "Oak Forest Uncorked", this year's event will feature wine tastings from Kagan Cellars, LangeTwins Vineyards & Winery, La Fuente Winery and Michael David Winery which has participated and supported this event for the fifth consecutive year. Last year, the traditional wine tasting event was expanded to also include craft beer tastings with the addition of Eureka Heights Brew Company. This year Eureka Heights will be back, and they will be joined by our area's own local brewery, Great Heights Brewing Company.

Those who attend the Taste of Oak Forest will have an opportunity to also sample food pairings from some of the best restaurants in the Oak Forest and Garden Oaks neighborhood. Rainbow Lodge will return for a fifth consecutive year and will prepare their world famous smoked duck and andouille gumbo. They will be joined by the Barking Pig, Fusion Taco, Gatlin's BBQ, Liberty Kitchen, Tacos A GOGO and the Union Kitchen. Starbucks will once again provide coffee and we are very proud to introduce a new neighborhood establishment, Sweet Cup Gelato and Sorbet Originale,

which will provide a selection of creamy gelatos and fresh fruit sorbets to cap off the evening.

In addition to a Silent Auction and great raffle prizes, this year's event will also feature the Sonny Boy Terry Band. Sonny Boy Terry is recognized as one of Texas', if not one of America's top harmonica players. His performance will feature original up-tempo blues, some jazz and plenty of the roots of rock and roll. Those interested in knowing more about the band can go to sonnyboyterry.com for a free listen or you can also find his performances on YouTube.

We also want to recognize our Named Sponsor, Cindi Miller and Steve Ciapi, with Coldwell Banker United Realtors. Other sponsors include The Big Mamou Enterprises, Darlene's Flower & Gift Shop, The Daniel's Agency,

Berkshire Hathaway Premier Properties, Village Liquors and SEAL Security Solutions.

Proceeds from the event will benefit the Oak Forest Neighborhood Patrol Program which is now in its fifth year of protecting the residents of Oak Forest.

"A Taste of Oak Forest is being held in conjunction with our 2018 Security Campaign," Martha Mears, President of the Oak Forest Homeowners Association said. "We are asking all Oak Forest residents to help us keep SEAL Security patrolling our neighborhood on a 24/7 basis. By working together with SEAL, HPD and the Constables, we can continue to reduce crime in Oak Forest."

For more information about the event, or to purchase tickets or support the event, please go to the OFHA Website, www.myoakforest.org/events.

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